

"A single sunbeam"

Exploring the life and legacy of St Francis of Assisi
Wed 23rd to Wed 30th September 2020

This seven day retreat will take you on a journey through the life of St Francis, and into the heart of his faith. Together we will discover what it meant for Francis to be a disciple of Jesus, and how that found expression in peacefulness, prayer, simplicity and service. What can we learn from this humble man, possibly the most well-known and well-loved of all the saints?



Combining times of learning, prayer and worship with visits to some of the iconic places in Francis' life, we hope this retreat will both surprise and inspire you in your own spiritual journey. There will be opportunities for individual discussion and guidance, as well as plenty of space for quiet reflection.

The retreat leader is the Revd Sharon Grenham-Thompson, an Anglican parish priest, author and radio broadcaster. In 2018 she presented a week of worship programmes on Radio 4 based on the life of

St Francis. Sharon has been ordained for 22 years, and her ministry has included working as a full-time prison chaplain.

Revd Richard Thompson, who will act as chaplain during the retreat, is a professed member of the Third (Lay) Order of St Francis. He has been ordained for over 30 years, 20 of which were as a full-time prison chaplain.

During this holiday retreat, day visits to Assisi and other Franciscan sites will be arranged. See www.umbrianretreats.com for details of accommodation.

All meals in Casa Roberto are included in the cost of **£700 per person**.

All transport during the retreat, including travel from and back to Perugia Airport, is provided by people carrier.

Additional costs include flights to and from Perugia airport. Please also allow 200 Euros for light lunches, evening meals out and incidental expenses.

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Please reserve space for:

Name(s) _____

Address _____

Telephone (home) _____

(mobile) _____

Email _____

Special requests _____

Enclosed is £200 deposit per person

**Please make cheques payable and post to: C N & F Morton,
9 Riverview House, Viersen Platz, Peterborough PE1 1FX**

www.umbrianretreats.com

Tel: 01733 552535 / 07702 341041